

COAST

MAGAZINE

In April, *Coast* asked readers to nominate local female healthcare professionals for this month's "Top Women in Healthcare & Wellness" feature.

The responses were diverse and passionate; nominations ranged from physicians to executive leaders to nurses and nutritionists. It was a reminder of how healthcare, an industry dominated by women, impacts our lives every day, in many ways.

Coast editors and healthcare professionals from the community reviewed each nomination. Congratulations to the following list of standout nominees who are practicing, educating and leading healthcare in Orange County, as nominated by *Coast* readers.

Thank you, and be well!

Nickhat Ahmed, R.N.
Saddleback Medical Center
Mission Viejo

Dr. Rena Ahuja
Internal and Integrative Medicine
Newport Beach

Lori Berberet, M.S., R.N.
Hoag Hospital
Newport Beach

Nicole Boice
Global Genes
Aliso Viejo

Dr. Allyson Brooks
Women's Health Institute at Hoag
Hospital
Newport Beach

Emily Brown
Genetic Garden
Newport Beach

Dr. Cynthia Cork
Fountain Valley Regional Hospital
Fountain Valley

Dr. Sourat Darabi
Hoag Hospital
Newport Beach

Lana El-Jor Boustani
Prudential Labs
Santa Ana

Dr. Stefanie Fightlin
Optum Care Medical Group
Mission Viejo

Dr. Vived Gonzalez
Solutions Counseling and Family Therapy
San Juan Capistrano

Risa Groux
Risa Groux Nutrition
Newport Beach

Dr. Diana Hanna
Hoag Hospital
Newport Beach

Dr. Julie Hardin
O.C. Whole Family Wellness
Laguna Hills

Dori Holnagel
Hoag Hospital
Newport Beach

Dr. Heather Huszti
CHOC Children's
Orange

Dr. Kristen Kelly
UC Irvine School of Medicine
Irvine

Rachna LaLonde
Newport Medical and Wellness Center
Costa Mesa

Dr. Wenjing Liu
Wenjing Liu, M.D. Inc.
Newport Beach

Dr. January Lopez
Hoag Hospital
Newport Beach

Marcia Manker
MemorialCare Orange Coast and
Saddleback Medical Centers
Fountain Valley

Judith Miller
Open Mind Modalities
Aliso Viejo

Cherri Myers, PA
Amen Clinics
Costa Mesa

Dr. Alison Sims
Marque Urgent Care
Newport Beach

Lindsay Stadler
California Therapy Solutions
Costa Mesa

Annette Walker
City of Hope, Orange County
Irvine