

**Rena Ahuja, M.D.**  
**355 Placentia Ave. Ste. 209 Newport Beach CA 92663**  
**Office 949.209.2789 Fax 888.726.1822**

**NEW PATIENT REGISTRATION FORM**

Name (Last/Middle/First) \_\_\_\_\_  
Marital Status \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_  
Social Security Number \_\_\_\_\_  
Race: \_\_\_\_\_ Ethnicity \_\_\_\_\_ Preferred Language \_\_\_\_\_  
Driver's License Number \_\_\_\_\_ State \_\_\_\_\_ Exp \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Email address \_\_\_\_\_  
Phone – Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_  
**Name/Address/Phone of Pharmacy:** \_\_\_\_\_  
**Do you prefer to be contacted by phone or email ( please circle one)**  
**Preferred Message Phone Number** \_\_\_\_\_  
**May we leave confidential message at the number listed above? Yes \_\_\_\_\_ No \_\_\_\_\_**  
In case of emergency, who should be notified? \_\_\_\_\_  
(name/phone number)  
Relationship \_\_\_\_\_

Spouse's Name \_\_\_\_\_  
Address \_\_\_\_\_ Mobile \_\_\_\_\_

**Policy Holder** (if different from patient)

Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
Middle name \_\_\_\_\_ Gender \_\_\_\_\_  
DOB \_\_\_\_\_ Social Security Number \_\_\_\_\_  
Driver's License Number \_\_\_\_\_ State \_\_\_\_\_ Exp \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Name of Employer \_\_\_\_\_  
Employer's address/phone \_\_\_\_\_

Who was your last provider? \_\_\_\_\_  
Physician & Practice Name Address \_\_\_\_\_

**Insurance Information:**

**Primary Health Insurance Plan** \_\_\_\_\_  
Policy Holder's Name \_\_\_\_\_ ID# \_\_\_\_\_  
Group # \_\_\_\_\_  
Phone \_\_\_\_\_

**Secondary Health Insurance Plan** \_\_\_\_\_  
Policy Holder's Name \_\_\_\_\_  
ID# \_\_\_\_\_ Group \_\_\_\_\_ Phone \_\_\_\_\_

Do you have Advanced Directive? Yes \_\_\_\_\_ No \_\_\_\_\_

Who may we thank for your referral? \_\_\_\_\_

◇Walk-In ◇Advertisement ◇Online ◇Other:

I certify that the above information is true and correct to the best of my knowledge.

Patient/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**Rena Ahuja M.D.**  
**355 Placentia Ave. Suite 209**  
**Newport Beach, CA 92663**  
**Phone: 949.209.2789 Fax:888.726.1822**

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**PATIENT FINANCIAL RESPONSIBILITY FORM**  
**EFFECTIVE JAN 2018**

Thank you for choosing Rena Ahuja M.D. for your medical needs. We are committed to providing you with the highest quality of healthcare. We ask that you read and sign this form to acknowledge your understanding of our financial policies.

**Patients Financial Responsibilities (PLEASE INITIAL ON EACH LINE)**

- \_\_\_\_\_ • The patient is ultimately responsible for the payment for treatment and care. **It is the patient's responsibility to call their insurance to check if their insurance plan is active or inactive and if Dr. Rena Ahuja is In-Network or Out-of-Network.**
- \_\_\_\_\_ • We will write lab orders for you. However, it's the patient's responsibility to confirm which labs are covered or not covered by their insurance. We take no responsibility for the labs ordered. Any questions should be directed to the insurance.
- \_\_\_\_\_ • Patients are responsible for payments of co-pays, co-insurances, and deductibles as well as all other procedures and treatments not covered by their insurance plan. It is the patient's responsibility to confirm whether or not treatments, procedures and labs are covered by their insurance.
- \_\_\_\_\_ • **Co-pays, Deductibles (estimate), Co-insurance (estimate) are due at the time of service. If payment from your insurance company results in credit balance, that balance will be refunded to you within 60 days.**
- \_\_\_\_\_ • Patients may incur, and are responsible for payments of additional charges, if applicable, these charges may include:  
Charge of returned checks: \$25
- \_\_\_\_\_ • **We require a 24-hour notice if you are unable to keep your scheduled appointment. If we do not receive a 24-hour notice, you will be charged a fee of \$25.**

**Due Bills**

**Upon receiving a balance due bill from our billing office, all charges are payable within 30 days.** A 1.5% monthly finance charge is added to all amounts after 30 days. This represents a percentage rate of 18% annual fee. All accounts, on reaching 90 days past due, are subject to submission to an outside collection agency if satisfactory arrangements are not made with the billing office.

**Authorization to pay benefits to physician**

I hereby assign payment directly to Rena Ahuja M.D. for medical benefits, if any, otherwise payable to me for services provided at the clinic.

**Authorization to release information**

I hereby authorize Rena Ahuja M.D to release any information required in the course of my examination and treatment to my referring physicians and/or my insurance company.

**Acknowledgment**

I have read and understand the above Financial Policy and Benefits Authorization and agree to all provisions outlined herein and I give consent to access, treat and test.

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**Patient Signature or Responsible Party**

**Date**

**Rena Ahuja MD**  
**355 Placentia Ave. Suite 209**  
**Newport Beach, CA 92663**  
**Phone: (949) 209-2789 Fax: (888) 726-1822**

**PATIENT HIPAA CONSENT FORM**

I hereby acknowledge that I received a copy of this medical practice's Notice of Privacy Practices. I further acknowledge that a copy of the current notice will be posted in the reception area, and that a copy of any amended Notice of Privacy Practices will be available at each appointment.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

**CONSENT FOR USE OF E-MAIL**

Dear Patients,

Our office uses email for non-urgent communication with our patients. We use it to send information to patients. It is generally a one way communication, however, sometimes patients prefer to communicate with the office via email. Please note that it is for non-urgent communication only.

For any life threatening emergency call 911 or go to the nearest emergency room. For any other important matters, please call our office at 949-209-2789.

I understand the purpose of the use of email and the office will not be held liable for any matters that arise with unreturned emails in a timely matter.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_  
Print Name

**PRESCRIPTION REFILL / RESULTS POLICY**

I hereby acknowledge that I have read the prescription refill policy/lab results policy and will comply with it.

**Dr Ahuja and her staff will try their best to notify patients of any results. However, it is ultimately the patient's responsibility to follow up on their results. We require patients to visit the doctor to discuss results/labs to address any concerns. No lab results will be sent to the patient via email or fax before their appointment with the doctor.**

Patient Signature: \_\_\_\_\_  
Name: \_\_\_\_\_ Date: \_\_\_\_\_

## **Health Summary**

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***Please bring all you medications and supplements at the time of your first visit.***

Patient's name ( please print): \_\_\_\_\_ D.O.B \_\_\_\_\_

Today's Date: \_\_\_\_\_ Age: \_\_\_\_\_ Marital Status: \_\_\_\_\_

Date of last Physical: \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Reason for visit: \_\_\_\_\_ Occupation: \_\_\_\_\_

Background:  Ashkenazi  Asian  Mediterranean  Middle Eastern  European

Southeast Asian  African  Native American  Other \_\_\_\_\_

Name/Address/Phone of Pharmacy: \_\_\_\_\_

### **Personal Medical History**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Heart Disease/Murmur/Angina | <input type="checkbox"/> Blood Disorders             | <input type="checkbox"/> Prostate Problems                             |
| <input type="checkbox"/> High Cholesterol            | <input type="checkbox"/> Chemical Dependency/Alcohol | <input type="checkbox"/> Asthma  |
| <input type="checkbox"/> High Blood Pressure         | <input type="checkbox"/> Diabetes                    | <input type="checkbox"/> Bronchitis                                    |
| <input type="checkbox"/> Low Blood Pressure          | <input type="checkbox"/> Urinary Tract Infections    | <input type="checkbox"/> Lung Problems/ COPD                           |
| <input type="checkbox"/> Leg edema/ Swelling         | <input type="checkbox"/> Vaginal Discharge           | <input type="checkbox"/> Sinus   |
| <input type="checkbox"/> Heart Burn/ GERD            | <input type="checkbox"/> Fibroids                    | <input type="checkbox"/> Seasonal Allergies                            |
| <input type="checkbox"/> Skin Problems               | <input type="checkbox"/> Liver Problems              | <input type="checkbox"/> Tonsillitis                                   |
| <input type="checkbox"/> Anemia                      | <input type="checkbox"/> Hepatitis                   | <input type="checkbox"/> Ear Problems                                  |
| <input type="checkbox"/> Arthritis                   | <input type="checkbox"/> STD                         | <input type="checkbox"/> Eye Problems:                                 |
| <input type="checkbox"/> Back Pain                   | <input type="checkbox"/> HIV                         | Glaucoma/Cataracts   |
| <input type="checkbox"/> Autoimmune Diseases         | <input type="checkbox"/> Seizures                    | <input type="checkbox"/> Neurological Problems                         |
| <input type="checkbox"/> Stroke                      | <input type="checkbox"/> Headache/ Migraines         | <input type="checkbox"/> Depression <input type="checkbox"/> Anxiety   |
| <input type="checkbox"/> Kidney Disease              | <input type="checkbox"/> Ulcers/Colitis/IBD          | <input type="checkbox"/> Psychiatric Care                              |
| <input type="checkbox"/> Cancer type: _____          | <input type="checkbox"/> Diverticular Disease        | <input type="checkbox"/> Hypothyroidism <input type="checkbox"/> Hyper |
|  |  | <input type="checkbox"/> Kidney Disorders                              |

### **Past Surgeries, Traumas, Accidents or Hospitalizations**

- |    |    |
|----|----|
| 1. | 5. |
| 2. | 6. |
| 3. | 7. |
| 4. | 8. |

### **Allergies:**

Medication Allergies-

Food-

Environmental/Other-

Do you have difficulty tolerating herbs?  Yes  No  Unknown

**Current Medications:** Please list **ALL** meds that you are currently taking and include dosage and how often you take each medication.

Medication:

Dose per day

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

Current Nutritional Supplements and/or Herbs:

Dose per day

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

**Family Medical Conditions:**

(Please check and list age of diagnosis)

	Father	Mother	Grandparent(s)	Sibling(s)	Aunt/Uncle	Children
Cancer (type)						
High Cholesterol						
Heart Disease (CAD)						
High Blood Pressure						
Stroke						
Diabetes						
Osteoporosis/Peinia						
Arthritis, Gout						
Kidney Disease						
Tuberculosis						
Thyroid Disease						
Asthma						
Chemical Dependency						
Depression						
Neurological Diseases (Parkinsons,Alzheimers)						

**Other family conditions:**

**Health Habits**

How often do you exercise?

◊Never ◊Sometimes ◊Daily

Aerobic exercise (hrs per week)\_\_\_\_\_

Weight training (hours per week)\_\_\_\_\_

Please describe your exercise routine:\_\_\_\_\_

(Weight bearing, Aerobic, Yoga, and Pilates)

Have you ever smoked? ◊Yes ◊No Number of years\_\_\_\_\_

If Current Smoker, how many packs daily \_\_\_\_\_

Use of smokeless tobacco ◊Yes ◊No

Have you ever used street drugs?

If yes, what kind and how much\_\_\_\_\_

Caffeine? ◊Yes ◊No

If yes, how much and how often?\_\_\_\_\_

Stress? ◊Yes ◊No

Alcohol? ◊Yes ◊No

If yes, how much and how often?\_\_\_\_\_

Do you take time for any hobbies? If so, which ones?

Who lives with you?\_\_\_\_\_

Do you have pets?\_\_\_\_\_

**REVIEW OF SYMPTOMS:** Are you **Currently** experiencing any of the following?  
Please check ALL boxes that apply.

**Constitutional**

◊Good health lately ◊Fever ◊Chills

◊Recent weight loss ◊Recent weight gain ◊Fatigue ◊Sweats

**Allergies** ◊Watery eyes ◊Itchy nose, eyes, or roof of mouth ◊Sneezing ◊Hay fever ◊Hives ◊Runny Nose

**Eyes** ◊Wear glasses/Contacts ◊Glaucoma ◊Blurred Vision ◊Double vision ◊Flashers/Floaters

**Sleep** ◊Snoring ◊Stop breathing at night ◊Wake up gasping for air at night ◊Dry Mouth ◊Wake up with headaches ◊Often tired during the day/while driving ◊Often fall asleep while reading/ watching TV ◊Difficulty falling asleep or loss of sleep

**Skin** ◊Rash ◊Itching ◊Change in skin color ◊Change in shape/size of mole ◊Non-healing Sores

**Ear, Nose & Throat** ◊Hearing loss ◊Ringing in ears ◊Earaches ◊Ear discharge ◊Sinus problems ◊Nose bleeds ◊Sore throat ◊Voice hoarseness ◊Difficulty swallowing ◊Persistent cough

**Gastrointestinal** ◊Loss of appetite ◊Change in bowel movements ◊Blood in Stool ◊Stomach pain ◊Hemorrhoids ◊Nausea ◊Vomiting ◊Vomiting blood ◊Diarrhea ◊Heartburn/Indigestion ◊Bloating ◊Constipation

**Cardiovascular** ◊Chest pain ◊Palpitations/Fast heart beat ◊Trouble

lying flat ◇Swelling of ankles/legs  
◇Irregular heart beat ◇High blood pressure ◇Low Blood pressure ◇Varicose veins ◇Poor circulation

**Respiratory** ◇Shortness of breath

◇Coughing up blood ◇Wheezing  
◇Frequent Cough

**Hematologic** ◇Easy bleeding/bruising

◇History of Anemia ◇Bleeding gums  
◇Enlarged glands ◇History of blood transfusion ◇Slow healing after a cut

**Genitourinary** ◇Frequent urination

◇Burning or painful urination ◇Blood in urine ◇Change in force of stream  
◇Dribbling or incontinence ◇Urinary urgency or hesitancy ◇History of kidney stones ◇Sexual difficulty

**Endocrine** ◇Excessive thirst/urination

◇History of diabetes ◇Heat or cold intolerance ◇Thyroid problems

**Neurological** ◇Frequent or recurrent

headaches ◇Lightheadedness ◇Fainting  
◇Dizziness ◇Numbness ◇Tingling  
◇Weakness in extremities ◇History of Seizures ◇Forgetfulness

**Psychiatric** ◇Depression ◇Anxiety

◇Nervousness ◇Memory loss

**Musculoskeletal** ◇Joint pains ◇Joint

swelling ◇Joint stiffness ◇Back pain  
◇Muscle pain/cramps

**Female only** ◇History of Abnormal PAP

◇Bleeding in between periods ◇PMS  
◇Breast lumps ◇Nipple discharge  
◇Menstrual pain ◇Hot flashes ◇Vaginal

discharge ◇Painful intercourse ◇Mood swings ◇Vaginal dryness

Menopause age\_\_\_\_

Age of start of menstruation\_\_\_\_

Date of last menstrual period \_\_\_\_\_

Cycles are generally ◇Regular ◇irregular

Average # of days between periods\_\_\_\_

Average # days of bleeding \_\_\_\_\_

◇Heavy ◇Moderate ◇Light

Date of last pap-smear\_\_\_\_\_ result\_\_\_\_\_

**If applicable:**

Are you pregnant or planning to be pregnant soon? Y or N

If pregnant, are you currently breastfeeding? Y or N

Number of Pregnancies\_\_\_\_\_

living children#\_\_\_\_\_

Number of normal vaginal deliveries\_\_\_\_\_ c-section\_\_\_\_\_

Number of Miscarriages\_\_\_Abortions\_\_\_

Any complications during your pregnancy or childbirth?\_\_\_\_\_

Did you breastfeed your children?\_\_\_\_\_ if so, how long?\_\_\_\_\_

Current form of Birth Control if applicable\_\_\_\_\_

Date of last Mammogram\_\_\_\_\_ result\_\_\_\_\_

Have you ever been on HRT (Hormone replacement therapy)?\_\_\_\_\_

**Males Only**

Last PSA\_\_\_\_ Frequent urination at night ◇Lump in testicle ◇Penile discharge

◇Erection difficulties ◇Sore on Penis

**Thank you for your time.**

**Rena Ahuja MD**  
**355 Placentia Ave. # 209 Newport Beach, CA 92663**  
**Phone: 949.209.2789 Fax: 888.726.1822**

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**AUTHORIZATION FOR USE/RELEASE OF HEALTHCARE INFORMATION:**

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_

**I VOLUNTARILY AUTHORIZE AND direct the healthcare provider named below to disclose my health information during this term of this authorization to the recipient that I have identified below**

**Name/address of your prior and current doctors and fax number:**

\_\_\_\_\_

**TO RELEASE HEALTHCARE INFORMATION REGARDING THE PATIENT LISTED ABOVE TO:**

**Rena Ahuja MD**  
**355 Placentia Ave. #209**  
**Newport Beach, CA 92663**  
**Fax: 888-726-1822**

**Purpose:**

This request for authorization applies to: [ **Please check the appropriate box.** ]

◇ All Health information that the provider has in his/her possession, including information relating to any medical history, mental or physical condition and any treatment received by me, including without limitation, x-rays, HIV/AIDS status, genetic testing, psychotherapy notes and other mental health information, drug, alcohol or other controlled substance information, billing information, correspondence and records from my other health care providers that the above-named health care provider may hold.

◇ All of my health information described above except for the following:

◇ Only medical records relating to the following condition, treatment and date of treatment: \_\_\_\_\_

◇ Other: \_\_\_\_\_

**Re disclosure:** I understand that once my health care provider discloses my health information to the recipient identified above, my health care provider cannot guarantee that the recipient will not re disclose my health information to a third party. The third party may not be required to abide by this Authorization or applicable federal and state law governing the use and disclosure of my health information.

**Refusal to sign/right to revoke:** I understand that I may refuse to sign or revoke (at anytime) this authorization for any reason and that such refusal or revocation will not affect the commencement, continuation, or quality of my treatment by my healthcare provider.

**Revocation:** I understand that the Authorization will remain in effect until the term of this Authorization expires or I provide a written notice of revocation to my healthcare provider at my healthcare provider's regular office address. The revocation will be



effective immediately upon my healthcare provider's receipt of my written notice, except that the revocation will not have any effect on any action taken by my healthcare provider in reliance on this Authorization before the provider received my written notice of revocation.

**Questions:** I may contact my healthcare provider for answers to my question about the privacy of my health information at my healthcare provider's regular office telephone number. I understand that I have right to receive copy of this authorization from my healthcare provider.

**Photocopy:** A photocopy, fax or electronic copy of this authorization shall be considered as effective and as valid as the original.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_  
Print

\_\_\_\_\_  
Signature of witness

If individual is unable to sign this authorization, please complete the information below.

\_\_\_\_\_  
Signature of Personal  
Representative

\_\_\_\_\_  
Legal relationship

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name ( please print)

\_\_\_\_\_  
Witness signature